



# Looking after the assets, too



Bristol and West Branch Conference  
Winter Gardens Pavilion  
Weston-super-Mare  
24 November 2006

# Health and safety in balance

## Introduction

Yes, it's another conference and exhibition. But this one is aimed specifically at you, and it's the one you asked for following the very successful 'Looking after the assets' event we held in Weston back in 2003.

Since then, a lot has happened to you both personally and professionally – so it's time to catch up, get some different perspectives and absorb the sort of information that you won't find at any other conference this year.

This is a one-day event, and if you feel that you'd like to have that extra edge when delivering presentations, reports, meeting people or just trying to get your message across, then this day is just what you need.

It's going to take you to areas of your professional life that, perhaps, you haven't given much attention to in the past.

We'll show you how to use humour to reduce stress, increase productivity and make you a hit with your colleagues, clients and bosses.

We'll introduce you to guest speakers who have a vast array of knowledge – and know how to present it in a meaningful and thought-provoking way.

Get time to develop your personal skills – find out about some parallel professionals who tread a similar path to your career.

Do things sometimes go wrong? Well, we're going to let you into the secret of some of the coping skills that will create success out of a potential disaster – whatever may have occurred.

Whatever your motivations for doing the job you do in health, safety and environment, then this day is just for you.

So, please try to take the time out of your busy schedule and join us here at Weston-super-Mare to enjoy a feast of presentations delivered by eminent professionals in their fields. Add to this a large exhibition of support services with companies that can make your professional life easier, and this becomes one of those 'must be there' events.

What have you got to lose? Just think of the benefits of spending a day in great company and enjoying an event that will make you better at what you do – and how you do it. Yes! These are big claims – and we can and will back them up.

## Learning objectives

Well, to be honest, it's really up to you. We have seven subject matter experts and over 25 exhibitors who are about to deliver opportunities for you to improve your skills and professional life. It all revolves around a series of presentations that should be of interest to everyone. We're not concentrating on specific areas – you are all quite capable of doing that for yourselves from the many and varied information sources available. This day will provide you with the opportunity to visit those areas of your professional life that could make a difference to you and your audience.

## Who should attend?

Any professional working in health, safety, environment or other associated area, including managers, supervisors, trade union and staff representatives, local government and industry workers, and anyone else who wants a day to reflect on where they are, what they're doing and how to improve their talent for getting things done.

For updates and more information, visit our website, [www.ioshbristolandwest.co.uk](http://www.ioshbristolandwest.co.uk).

# Programme

## Looking after the assets, too

- 08.15 Registration
- 09.05 Branch Chairman's welcome
- 09.15 They who laugh last ...  
Kate Hull-Rogers  
Director, HumourUs Ltd
- 10.45 Coffee break and exhibition
- 11.05 Notes on occupational health  
Dr Sayeed Khan  
Fellow, Faculty of Occupational  
Medicine
- 12.05 Asbestos – what's the problem?  
John Bridle  
Asbestos Watchdog UK
- 13.00 Buffet lunch
- Afternoon parallel sessions
- Session A: Improving yourself
- 14.30 'Improv' yourself!  
Bill Rodgers  
Professional actor, musician and  
fireblower
- 15.35 So you think you're a good driver?  
Dave Abbott  
Director, RAC Risk Management
- Session B: Breaking the barriers
- 14.30 HR v HS – getting the right balance  
Kevin Bridges  
Solicitor, Pinsent Masons
- 15.35 Putting it in writing  
Godric Jolliffe  
Editor, *Safety and Health Practitioner*
- 16.30 Chairman's summing up and  
prize draw
- 16.50 Exhibition and tea
- 18.00 Close

**Kate Hull-Rogers**, director of HumourUs Ltd, is a leading international authority on humour and its health and bottom-line implications. She has pioneered work in the fields of laughter therapy, stress management, work-life balance and networking. For the past 14 years her advice has been sought by governments, health organisations and businesses in 28 countries on five continents. Kate is a BBC radio presenter, business journalist, member of the Professional Speakers Association, an award-winning comedienne and subject of the ITV documentary 'Laughter is the Best Medicine'. Kate will teach you the 'worth of mirth' so you can 'laugh all the way to the bank'.

**Dr Sayeed Khan** is a Fellow of the Faculty of Occupational Medicine and was recently appointed as a Commissioner at the HSC. He is also chief medical adviser to EEF, the Manufacturers' Organisation. He is an accredited specialist in occupational medicine, who worked at Rolls-Royce plc for 10 years before joining EEF in October 2002.

**John Bridle** has had over 40 years' experience in the asbestos industry and has a unique range of skills across a wide spectrum of asbestos-related problems. He has recently been awarded a prestigious honorary degree in asbestos sciences by the Russian Institute of Occupational Health, and is arguably the world's foremost authority on asbestos science.

# Registration form

Looking after the assets, too!

24 November 2006

Winter Gardens Pavilion, Weston-super-Mare

## Seminar fees:

IOSH members: £75 + VAT (£13.13) = £88.13

non-members: £100 + VAT (£17.50) = £117.50

The fee includes lunch and refreshments.

## Parallel sessions

Which parallel session would you like to attend? Please tick one box:

Session A  Session B

## Please indicate your method of payment:

cheque (made payable to 'IOSH Services Limited')

payment card (fill in details below)

*Payment must be received at least five working days prior to the event.*

Please charge payment card £

Delete as appropriate: Visa/MasterCard/Eurocard/Switch/Maestro

Card no

Valid from date

Expiry date

Switch/Maestro issue no

Signature of cardholder

Address of cardholder

Postcode

Telephone bookings can be made using payment card details.

Booking and further programme details are available from IOSH's Communications Directorate:

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# Delegate

## Looking after the assets, too

Title	Full name
Job title	
Organisation	
Correspondence address business/home (delete as applicable)	
	Postcode
tel	
fax	
email	
Are you a member of IOSH? Yes/No Membership number	
Dietary/special requirements	
Do you require wheelchair access? Yes/No	

Please photocopy form for registration of additional delegates.

## Bookings will not be accepted after 17 November 2006

### Cancellations

Please note that a cancellation fee of £25 is applicable to all written cancellations received up to five working days before the event. No refund can be made on cancellations after that date.

### Acknowledgement

On receipt of the registration form and the correct remittance, IOSH will despatch an acknowledgement.

### Booking

Please send the registration form and payment to: Claire Palmer, Communications Directorate, IOSH, The Grange, Highfield Drive, Wigston, Leicestershire, LE18 1NN, UK.

All information provided in the programme is correct at the time of going to print. IOSH reserves the right to make appropriate changes as necessary.

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## **IOSH**

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IOSH is Europe's leading body for health and safety professionals. We have nearly 30,000 members worldwide, including more than 8,000 Chartered Safety and Health Practitioners.

The Institution was founded in 1945 and is an independent, not-for-profit organisation that sets professional standards, supports and develops members and provides authoritative advice and guidance on health and safety issues. IOSH is formally recognised by the ILO as an international non-governmental organisation.

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